

THE INTERNATIONAL HERITAGE HERALD

May 21, 2021




HERITAGE
International School

Tabăra Internatională de Vară 2021

Международный
летний лагерь 2021

062020108
@summer.school@heritage.md

GENERAL

Thought for the week: “One can no more approach people without love than one can approach bees without care. Such is the quality of bees...”
Leo Tolstoy

Director’s weekly notes- “The view from Dacia Boulevard”

According to the rhyme, it's supposed to be March winds, April showers, bring forth May's flowers. Well, in the penultimate week of the academic year, we are experiencing the winds, the showers and the flowers. Plus the spectacular thunderstorms over Moldova earlier this week along with some lovely rainbows in the evening over Chisinau. The weather's version of the academic year it would seem. Despite the meteorological gloom, the atmosphere inside school was wonderful not least to hear the cheers and excitement from the gym



as the sports' week events continued. My huge thanks to Coach Andrei and his team for making the school sound and feel more normal with the sports competitions this week. It was also a joy on Thursday morning to see the smiles on Grade 4 faces as they completed their national exams and a huge thanks to Mrs. Valentina, Mrs. Vladlena, Mrs. Angela and Mrs. Inga for making sure the students were prepared and at their best for this important milestone ahead of moving to Gymnasium later this year. We were also very proud that our President, Maia Sandu, took the time to write personally to the students of 2A and Mrs. Adriana for their World Book day messages recently.

My thanks to Mrs. Tatiana and her wonderful students for the celebration with our dear colleagues in Wales and Urdd for Heddwyh 2021. This is the annual peace and goodwill message shared by the youth of Wales around the World. My goodness, do we need to hear and say it more loudly than ever before for our children and future generations right now in 2021. Students from 8B and 3A also spoke to Welsh painter and my mentor at home in the hills of Mid-Wales, Les Jones. Les proving that online learning can be mastered by teachers long retired from the chalk face. The students really enjoyed talking and singing songs with Les. The theme was also gender equality with a very powerful poem read out by our students proclaiming the equality of girls to boys, women to men, everywhere. A new family starting with us wrote a very kind message in his email and said the family were happy to be joining the best school in Moldova. There are countless days we have every week when our students make us so proud that I think and know I am at the best school I have ever been at with the best community.

We enjoyed a great menu for International Food Friday as we journeyed to our near neighbours on the Black Sea and had a great menu from Turkey. For the last week, it is Mexico, and no, no tequila slammers. It is a school. The last week is going to be a wonderful celebration of our school year, our Founders vision and our international ethos, values and mindset. It will take place in a hybrid format and we hope we can start and finish our 5th academic year for 2021-22 all together physically for school events as one wider community. There is certainly more hope and optimism with vaccinations in full swing and a light at the end of the tunnel to guide us to a more normal World. Next week is also a big week in the history of our school as we have the accreditation team in school (online) all week assessing Heritage against the tough COBIS standards as we aim to benchmark our school against the very best international schools around the World. The process has already lasted for two months and it will be the culmination of a lot of hard work as we all work to make our school one of the very best in Europe. Great leadership from Mrs. Rose and all involved. The lead assessor spoke to our staff at the Monday weekly staff meeting and told us what a great school we had all built and that we are continuing to build. Not sitting on laurels here.

I am speaking at the EU Code Week and Teach Day conference on Saturday and I will be proudly sharing our story to delegates from around Europe and the World, and sharing the hope we have for the future as the Heritage community. If you get a moment, have a look at the fantastic Heritage Summer Camp 2021 we are offering this year and a physical one!

Have a great weekend

Rob Ford
Director





Heritage in the Wider World:

CodeWeek EU Code Week Teach Day 21

Agenda

- 9.15 Welcome coffee/networking (Reception areas)
- 9.30 Welcome address (Plenary)
- 9.33 Opening speech, Thierry Breton, European Commissioner for Internal Market (Plenary)
- 9.43 Keynote speech, Technology and creativity - social aspects of knowledge sharing, Massimo Banzi, Co-founder of Arduino (Plenary)
- 9.55 Icebreaker session (Plenary)
- 10.10 Panel discussion: Innovation in education (Plenary)
 - Moderator: Arjana Blazic
 - Joe Sheik, Principal, Thames Valley District School Board
 - Karen Triquet, PhD Researcher, Education & Behavioural Scientist and BILD Core Member at EDWE, Vrije Universiteit Brussel
 - Lidija Kralj, Senior Analyst @ Knowledge Team at European Schoolnet
 - Robert Ford, Director of Heritage International School, Moldova & British Council Ambassador
- 10.50 Masterclass: Humanized Computing, Alessandro Bogliolo, EU Code Week Ambassador Coordinator, Professor, School of Information, Science and Technology at the University of Urbino (Plenary)
- 11.20 Coffee break (Reception areas)
- 11.30 Parallel workshops (Workshop rooms)

Tweet

You Retweeted

Arjana Blazic @abfromz

Absolutely agree, Rob! It's fantastic that we have such opportunities to share experiences and ideas! I'm so looking forward to hearing about all the great initiatives at @HIS_Moldova @Tatianapopab #codeweek #teachday

Heritage International School-Moldova, Europe @HIS_Moldova · May 19

Replying to @abfromz

Definitely and it was good to meet everyone and get ready for Saturday Arjana. Looking forward to speaking about what we are doing here in Moldova 🇲🇩 sharing ideas and experiences. Global education at its best! @COBISorg @Schools_British @twinningEurope @IntITes @UNICEFMoldova

2 Retweets 1 Quote Tweet 5 Likes

Done #CodeWeek #TeachDa...

EU Code Week Teach Day 22 May 2021 9:30 a.m. CET

Agenda

- 9.15 Welcome coffee/networking
- 9.30 Welcome address
- 9.33 Opening speech, Thierry Breton, European Commissioner for Internal Market
- 9.43 Keynote speech, Technology and creativity - social aspects of knowledge sharing, Massimo Banzi, Co-founder of Arduino
- 9.55 Icebreaker session
- 10.10 Panel discussion: Innovation in education
 - Moderator: Arjana Blazic
 - Joe Sheik, Principal, Thames Valley District School Board
 - Karen Triquet, PhD Researcher, Education & Behavioural Scientist and BILD Core Member at EDWE, Vrije Universiteit Brussel
 - Lidija Kralj, Senior Analyst @ Knowledge Team at European Schoolnet
 - Robert Ford, Director of Heritage International School, Moldova & British Council Ambassador
- 10.50 Masterclass: Humanized computing, Alessandro Bogliolo, EU Code Week Ambassador Coordinator, Professor, School of Information, Science and Technology at the University of Urbino
- 11.20 Coffee break
- 11.30 Parallel workshops
- 12.15 Opening of exhibitions with EU Code Week partners // Lunch

EU Code Week Teach Day 22 May 2021 9:30 a.m. CET



CodeWeek

TeachDay Panelists

INNOVATION IN EDUCATION

Joe Sheik, Robert Ford, Karen Triquet and Lidija Kralj

#TeachDay #CodeWeek

The May edition of the [Heritage Globe](#) is out. This month's edition features more excellent writings, [art](#), and [poems](#) from the Heritage community. You can also check out the [most viewed articles](#) of the semester and take a Heritage themed [trivia quiz](#).

Our Student Newspaper The Heritage Globe

Click Below

<https://sites.google.com/heritage.md/heritageglobe>

<https://sites.google.com/heritage.md/heritage-globe/home>

Articles of Interest:

- Hay Festival Digital 2021. The British Council is delighted to support a specially selected programme of events at the 2021 Hay Festival. From 26 May to 6 June, more than 200 acclaimed writers, historians, poets and pioneers will appear at Hay Festival 2021, broadcasting for free online. The British Council is supporting a series of six events at the festival, including the opening gala event 'A Night of Hope', featuring HRH The Duchess of Cornwall, Stephen Fry, Elif Shafak, Simon Schama, Maggie Aderin-Pocock and Rob Brydon, and chaired by classicist Natalie

Haynes: <https://literature.britishcouncil.org/blog/2021/hay-festival-digital-2021>

- World Day of Bees this week; Women's empowerment and biodiversity conservation "Women for Bees"; <https://en.unesco.org/themes/biodiversity/women-for-bees>

- Happy #beeday #WorldBeeDay2021 #WorldBeeDay Last August, we started the year with a great staff picnic in the hills at a colleague's farm amongst the beehives. Very peaceful and we support Moldova's ecology through making #SDGs intrinsic in our curriculum; <https://www.tes.com/news/how-to-welcome-new-staff-international-school-team-building>

- A market systems analysis of the honey sector in the Republic of Moldova; <https://moldova.un.org/en/127171-market-systems-analysis-honey-sector-republic-moldova>

- UN Moldova Monthly Newsletter: <https://mailchi.mp/46dd0bab32d6/un-moldova-newsletter-april-may-edition-4953341?e=5f5f96fa46>

- "I've seen the saucers": Obama weighs in as US interest in UFOs rises. CBS 60 Minutes report on US government's 'grudging acknowledgment' of UFOs stirs interest across the country; <https://www.theguardian.com/world/2021/may/20/ufo-obama-cbs-60-minutes-america-aliens>

Notes from Ms Elize:

As we are nearing the end of this academic year my students and I have been reflecting on the events that stood out for them. We spoke about the good times and the fun we had. We discussed what we've learned and I have pointed out to them how far they've come this year. It feels almost unreal that September was nine months ago.

It has been an extraordinary year with many challenges. We've had

A LITTLE
PROGRESS
EACH DAY
ADDS UP
TO BIG RESULTS

to adapt and change our plans at the last minute, often not sure exactly what was going to be. When we look at ourselves on any given day it often feels like we're not making any progress. Self reflection gives us the opportunity to see the bigger picture. When looking back on what we've achieved, we realise that every small step eventually adds up to an accomplished bigger whole. I often tell my students, we are not aiming for perfection, we are aiming for progress. We do not learn from experience only, we learn from reflecting on that experience. Reflection does not only help to identify possibilities for improvement, in addition it points out our successes, which in turn can be celebrated. Through celebrating our successes we obtain the inner strength to take on the next challenge. Summer is around the corner and soon we can take a step back, slow down a bit and hopefully do some of the things that fell by the wayside the past noine months.

I hope you have a wonderful weekend. Enjoy time spent with family and friends.

Our last Primary Assembly was this week. Ms Marina and 1B did an amazing presentation on cultural diversity and the acceptance of all people.

We've had the pleasure of enjoying and learning from fantastic Assembly Presentations this year. All the students did a fantastic job helping to put these presentations together.



As we are nearing the end of this academic year 3E has been reflecting on the past year. We've been talking about our victories and our challenges. We've discussed the lessons we've learned and what we want to improve on in the next year.

The students created self portraits and chose one powerful word that shows how they feel about this extraordinary year. We have created a wonderful display that visualizes our passion and commitment to our school and our teaching and learning.



This week we enjoyed an action packed Sports Day. We all (me included) had so much fun that we decided to have a mini 3E Sports Day again on Friday! Thank you to the PE Department for organising this fun event!



International Food Friday

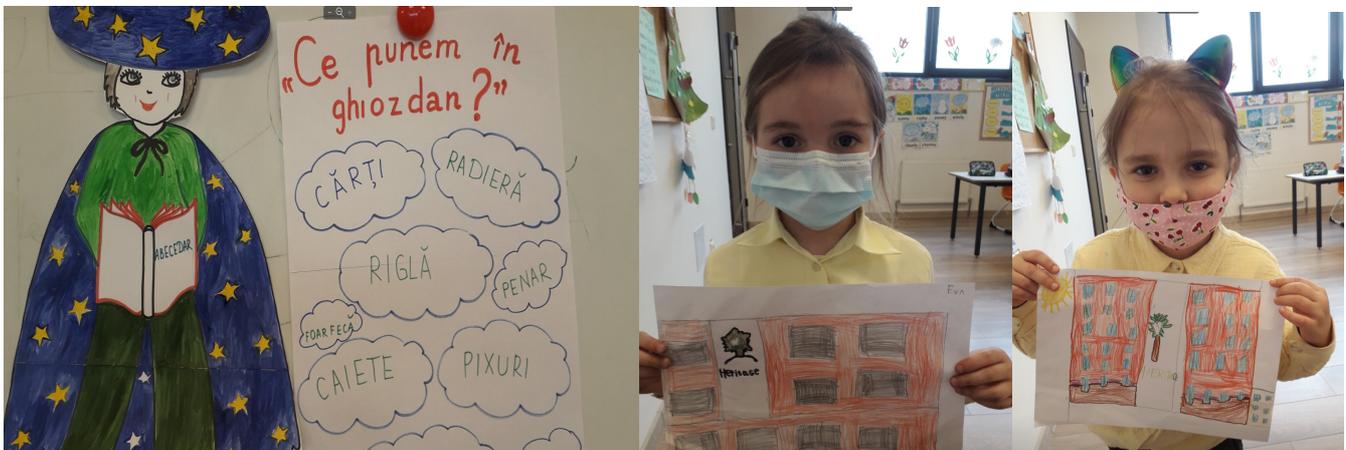




Sports Week at Heritage



School Starter students getting ready for the 1st grade





School Starter Lego and Maths





Book presentation in 3A



2 A students received a letter from our president, Maia Sandu. The students are happy and proud!



Second graders held an online meeting with students from Athens, Greece. We talked about traditions, national costumes, traditional dishes; we learned ways to greet each other



Dance Club





Student Council:

Gesica Sirbu, Loredana Sandu and Andrea Ghimpu performed an original choreographed dance to kick off Sports Day. They brought much light and energy to the event, despite the rainy weather!





6E



Primary student council held its final meeting for the year. Thanks to all of the members for their hard work and dedication this wonderful school year!



Meaningful May 2021

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Make a list of what matters most to you and why	2 Do something kind for someone you really care about	3 Focus on what you can do rather than what you can't do	4 Take a step towards an important goal, however small	5 Send your friend a photo from a time you enjoyed together	6 Look for people doing good and reasons to be cheerful	7 Let someone know how much they mean to you and why
8 Set yourself a kindness mission to help others today	9 Notice the beauty in nature, even if you're stuck indoors	10 What values are important to you? Find ways to use them today	11 Be grateful for the little things, even in difficult times	12 Listen to a favourite piece of music and remember what it means to you	13 Look around for things that bring you a sense of awe and wonder	14 Find out about the values or traditions of another culture
15 Do something to contribute to your local community	16 Look up at the sky. Remember we are all part of something bigger	17 Show your gratitude to people who are helping to make things better	18 Find a way to make what you do today meaningful	19 Send a hand-written note to someone you care about	20 Reflect on what makes you feel valued and purposeful	21 Share photos of 3 things you find meaningful or memorable
22 Find a way to help a project or charity you care about	23 Share a quote you find inspiring to give others a boost	24 Recall three things you've done that you are proud of	25 Make choices that have a positive impact for others today	26 Ask someone else what matters most to them and why	27 Remember an event in your life that was really meaningful	28 Focus on how your actions make a difference for others
29 Do something special and revisit it in your memory tonight	30 Today do something to care for the natural world	31 Find three reasons to be hopeful about the future				

ACTION FOR HAPPINESS **Happier · Kinder · Together**

News from Secondary

Choosing and applying for a study programme. With so many world-class higher education programmes on offer across Europe, choosing what to study and where can be difficult! Use this EU website to help look at universities in Europe after A Levels. https://ec.europa.eu/education/study-in-europe/planning-studies/choosing-applying_en

Recommended Cambridge International A Level subjects for the most popular careers

Heritage Lyceum is the only one in Moldova providing the Cambridge curriculum and globally recognized AS and A Level qualifications.

Heritage Lyceum learners become:

- confident**
- responsible**
- reflective**
- innovative**
- engaged**

Within the Cambridge International AS & A Level Program

Heritage Lyceum is the only one in Moldova providing the Cambridge curriculum and globally recognized AS and A Level qualifications.

Earth's layers 3D model by Sabina and Delia, 5A. Learners can understand better the structure of the earth: the crust, mantle, inner and outer core.



Arts and Creativity:

- The COBIS Art Competition is a brilliant opportunity for young artists to compete internationally and showcase their talent. This year, students were invited to produce a piece of art based on the theme 'Connections'. The competition was open to all COBIS schools; <https://www.cobis.org.uk/students/forthcoming-events-activities/art-competition-2021>

First grade students drew castles and learned how to create texture through stamping.



Third graders learned about positive and negative space in art and created artworks featuring the Notre Dame cathedral.



Fourth grade artists were succesful in creating landscapes in one point perspective.



The 21st
JQA International Environmental Children's Drawing Contest
DRAWINGS REQUESTED



Our Earth in 2030

When you grow up, what kind of natural environment would you like to live in?
It's not only humans that are living on the Earth.
We share this planet with animals, birds, fish, insects, trees and plants.

Think of an Earth where all creatures can live together, and draw a picture from your imagination.

Theme: Our Earth in 2030
Eligibility: Children aged 7 through 15
Registration Deadline: The application must reach us by May 23, 2020.
Application/Requirements: Paper size 257x364mm or smaller.
Drawing tools: Free hand drawing with any type of paint, pastel, etc.
Important note:
(a) Please enter necessary information in the application form on the back and attach it to the back of the drawing.
(b) Please be sure that the drawing has been drawn personally and has not been published in other newspapers or magazines.
(c) All materials received will not be returned as a general rule.

For further information, contact: JQA International Environmental Children's Drawing Contest Office
No. 353, Sanjyo Bldg., 2-7-12 Yuki-ji, Chuo-ku, Tokyo 104-0045, JAPAN. Phone: +81-3-5546-9820 Fax: +81-3-5543-8531 E-mail: info@childrens-drawing.com

Sponsored by Japan Quality Assurance Organization (JQA) & The International Certification Network (ICN) Supported by UNICEF Tokyo Office

Since 1997, JQA, an independent and impartial certification body, has been offering certificate, testing and inspection services national to society's evolving needs.

ICN is the world's largest international network of certification bodies, which was established in 1986, and has 30 partner certification bodies, including JQA.

JQA International Environmental Children's Drawing Contest. The theme is "OUR EARTH IN 2030". Links here:

<https://childrens-drawing.com/drawing/image/21flyerENG.pdf>

<https://childrens-drawing.com/en/application.html>

Global education:

It has been an intense week at Heritage in global education.

On Monday, students in grade 6A had a virtual meeting with a class from Dionysos school in Athens. The students had a special guest, Ms Lucia Argint, a Moldovan historian, who told them many interesting things about the Greeks in Moldova during the Ottoman Empire and early in the 19th century, when Bessarabia became a province of the Russian Empire. Ms Argint gave an insight into the proper names we use nowadays and that are of Greek origin, as well as Greek personalities that influenced the course of our development as a country. Lots of captivating facts to discover, as we draw "A Common Historic Bond" eTwinning project to an end.

Also on Monday, our teacher Tatiana Popa organised a virtual tour to museums for the America house Chisinau live on facebook. You can find the recording of Tatiana's tour here: <https://fb.watch/5DnGfHhtbl/>



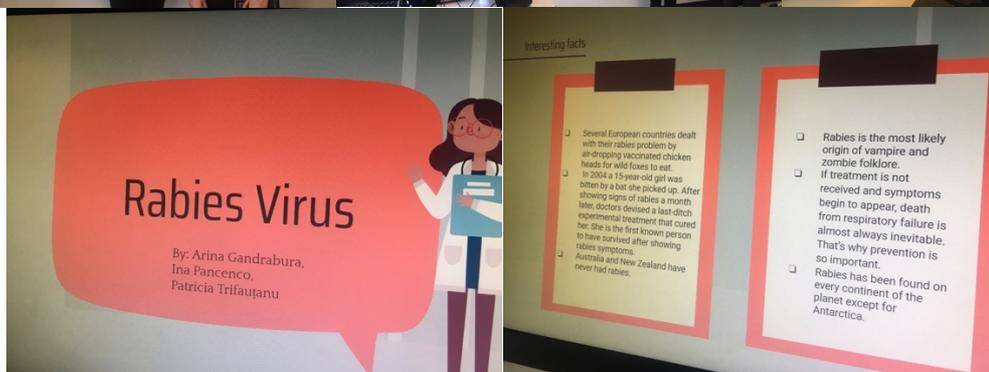
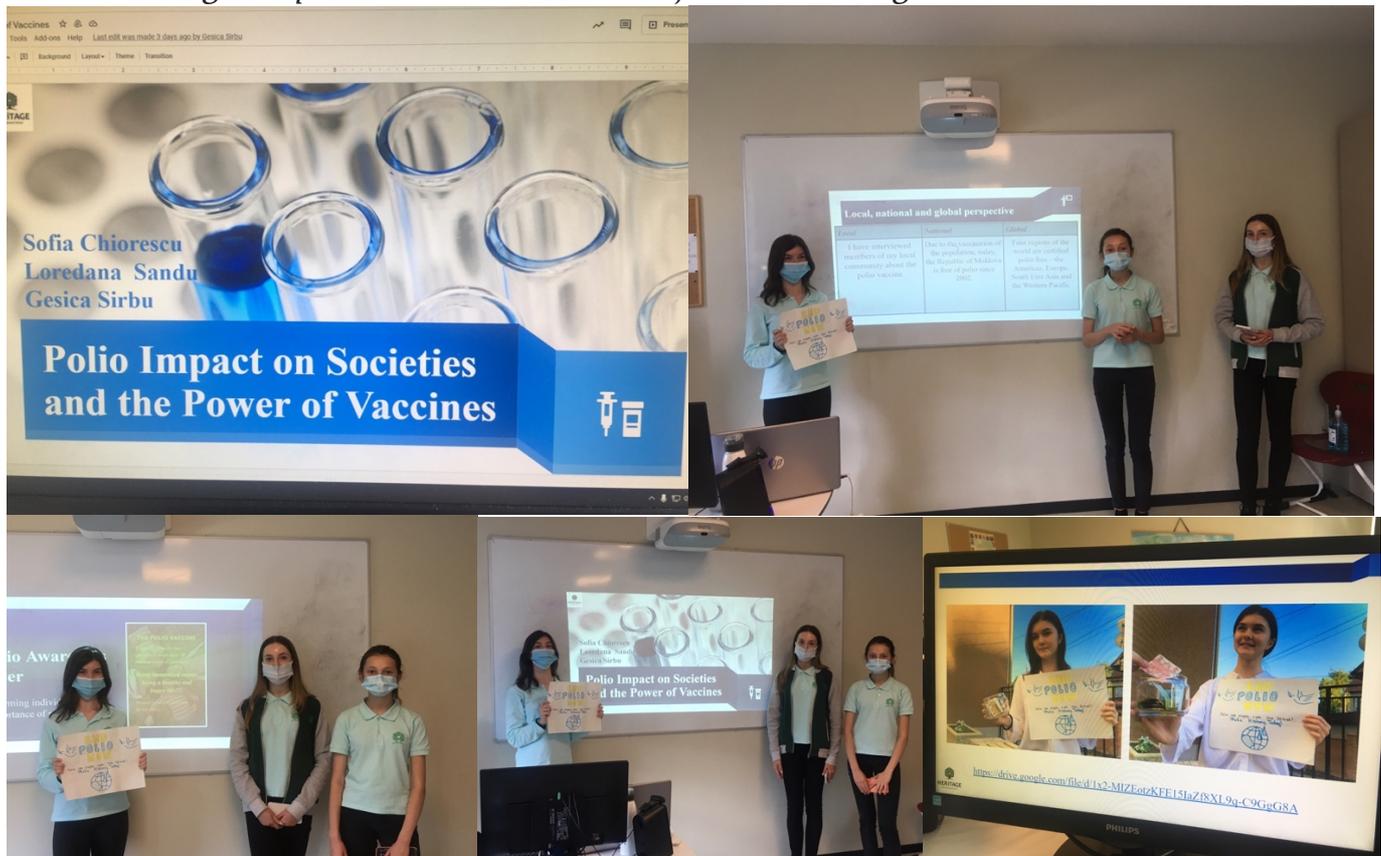
On Tuesday, many young people at Heritage school supported and shared the message of peace and goodwill from Urrd Youth Organisation in Wales with the world. Lots of photos and videos of our students reading the poem on Equality for Women and Girls, created by Swansea University this year, as well as showing the support sign, have been shared on social media on May 18th. It is a tradition kept for 99 years on the day and it only amplifies the voices of the young people and illustrates how the young voices can change the world for the better.



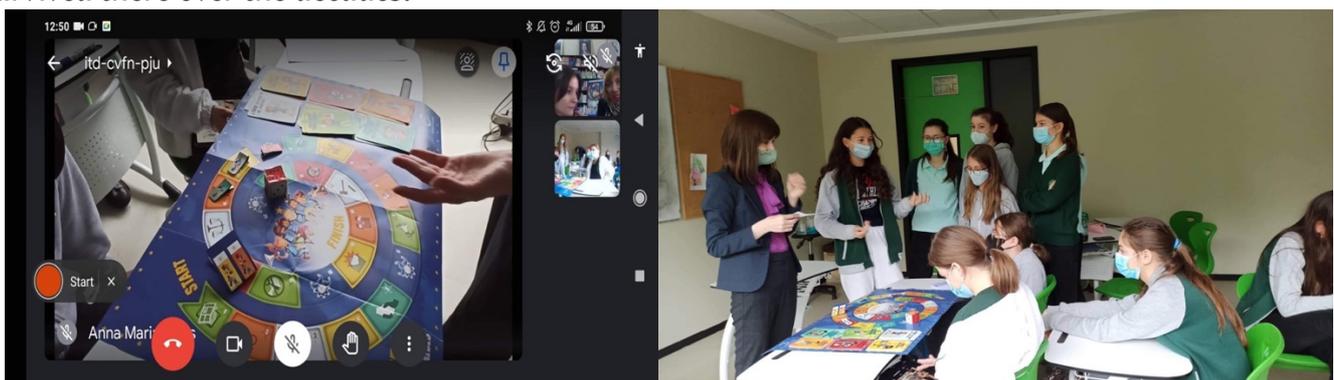
The same afternoon, grade 8 girls, as well as some primary students, spoke to the painter Les Jones in Wales, reading the poem on equality to him and stating why they support the movement, and hearing songs from Mr Jones in return. Later this week, grade 8 learned how to write formal and informal letters, and wrote real letters to Mr Jones in Wales to be posted to him after. They also sent formal emails to their teacher, thus learning how to navigate the adult world better, as life asks them to have good academic skills.



On Wednesday, grade 9 students impressed in Global Perspectives, as they had to do research in teams and explore an infectious disease and its vaccine. The teams presented some brilliant information, with campaigns organized in their neighborhoods and interviews worldwide. Powerful messages to the world, as we live in a global pandemic and the number of deniers is so big!

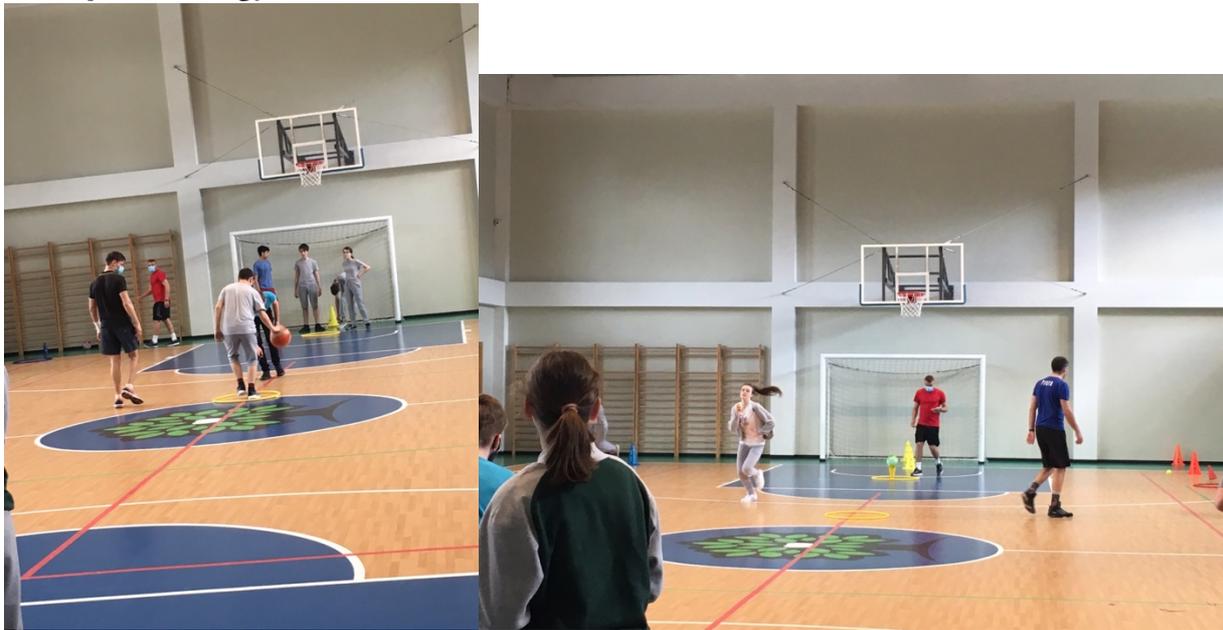


On Thursday, the students in 7A had virtual visitors from the National Library, as our school has a collaboration with the Pro-European Centre there. Students played some games about Europe and its values, human rights and responsibilities, in order to mark Europe Day. When the pandemic is over, students will have visits to the National Library to discover the miraculous history of books and how they survived there over the decades.





Friday was a happy day for our multinational community - Turkish IFF day in the canteen to learn more about the Turkish cuisine, but also Sports Day - the event that unites all nations towards a common goal - the team spirit in the gym was incredible!



To finish an amazing week, our director Rob Ford will be part of the Innovation Panel at the EU Code Week Teachday this Saturday, on May, 22nd. He will share his points of view about digital creativity together with other decision makers, successful developers, education experts and other enthusiasts in education from Europe and the world.

Our community is very much looking forward to celebrating the International Education Week next week, and the classes are eager to present their countries to the entire community.

Heritage International Summer Camp 2021 / CHIPS Summer Camp 2021

We care immensely about our students' wellbeing and happiness, even more so after such a difficult and challenging year. For this reason, we have created 2 wonderful International Camps for this summer, each with 4 sessions full of entertaining activities, that will – fortunately! – take place PHYSICALLY. Both will be held in similar periods, thus, considering the interests and hobbies of your child, you can choose one or several sessions from the same camp or mix & match between the sessions of the two.

- ***International Summer Camp 2021*** – 4 diverse and exciting theme sessions! The topics of the sessions are: “Amazing Travels”, “Young Detectives”, “Secrets of the World” and “Becoming a Leader”. The daily activities will be related to global citizenship, how to be eco, healthy

lifestyle, critical thinking, science, development of business, personal safety, digital and leadership skills. Children will be able to discover their talents, make friends, play, swim, learn many new things through interactive activities and practice.



HERITAGE
International School

Tabăra Internațională de Vară 2021

Международный
летний лагерь 2021

062020108

© summer.school@heritage.md

International Football Camp 2021 – 4 sessions dedicated to football fans! Being organized by Heritage in partnership with Championika Football School, the activities within sessions are based on theoretical courses with subjects based on fascinating stories and experience of the best international football teams (from England, Brazil, Spain, Germany, etc.), daily football trainings and matches, but also learning about a healthy lifestyle and personal safety. In addition, other fun activities like playing on the Zimbru stadium, attending FC Zimbru’s trainings and an autograph session with its players will be unforgettable and unique experiences!



HERITAGE
International School

CHAMPIONIKA

Tabăra Internațională de Fotbal

Международный
Футбольный Лагерь

062022208

summer.school@heritage.md

We warmly invite you to register your child as soon as possible, because each group consists of up to 15 students, and the number of seats is limited. All children aged between 7 and 10 can attend.

More details about the schedule and fees:

<http://www.heritage.md/en/summer-camp/>

<http://www.heritage.md/en/football-camp/>

For signup and information, contact us:

Tel: +37362022208

E-mail: summer.school@heritage.md

We hope you will join us for an amazing summer adventure!

For the children up to 6 years there is an action-packed program from the **CHIPS International Preschool**. The program is lined up this year that is sure to energize your child with a strong interest in learning and exploration. In addition to the program, you can take extra comfort in knowing that CHIPS will also provide:

- Excellent teacher-to-child ratios: 1 teacher for every 7 children
- English Immersion Program. Language Absorption
- Thematic Weekly Program
- A Summer of Fun and Educational Programs
- Nutritious meals prepared by our professional in-house chef

CHIPS Summer Camp will be operating from **June 15 - August 13**, for nine weeks, five-days-per-week Monday through Friday.

You can sign-in for the Summer Session 2021 by email info@chips.md

After confirming your interest, the CHIPS office will contact you to subscribe necessary forms.



The graphic features a central photograph of four young children (two girls and two boys) gathered around, focused on making colorful paper airplanes. The text is overlaid on the image in a clean, modern font. At the top left, a dark green banner reads 'SIGN UP FOR'. Below it, the words 'SUMMER CAMP' are written in large, bold, orange letters. At the bottom left, the CHIPS International Preschool logo is visible, which consists of a stylized tree and the text 'CHIPS INTERNATIONAL PRESCHOOL'. At the bottom center, an orange banner displays the dates 'JUNE 15-AUGUST 13'. At the bottom right, a yellow banner contains the text 'Call us for registration 06822242'.

in Wh-Questions

Who can participate in Owlypia?

students aged

OWLINS (9-11)

OWLETS (12-14)

OWLYS (15-18)

What is Owlypia?

International online competition from five subject areas with 90 questions in 90 minutes

Why to participate?

To inspire intellectual curiosity and develop research skills and academic confidence in young minds

What are the Owlypia subjects?

SOCIAL SCIENCES

ART & DESIGN

LITERATURE & CULTURE

SCIENCE & TECHNOLOGY

ECONOMICS & BUSINESS

When is it?

Five Online Rounds during the year

How to participate?

- ✓ By registering online
- ✓ By choosing your favourite subject
- ✓ By studying the resources on the website
- ✓ By taking the challenge online (bring your own device)

What to gain?

- ✓ Certificate of Participation
- ✓ Certificate of Achievement (depends on your performance)
- ✓ A detailed report card
- ✓ Qualification for Owlypia Globals
- ✓ Special discounts for Owlypia Globals (depends on your performance)

www.owlypia.org



STEP BY STEP GUIDE

An international online competition for students

OWLINS (9-11)

OWLETS (12-14)

OWLYS (15-18)

Select your favourite subject and age category

OWLYPIA SUBJECTS:

- SOCIAL SCIENCES**
- ART & DESIGN**
- LITERATURE & CULTURE**
- SCIENCE & TECHNOLOGY**
- ECONOMICS & BUSINESS**

www.owlypia.org **SEARCH**

Register

Fill out the registration form on the Owlypia website

Get Ready

- ✓ Study your recommended resources for the online challenge
- ✓ Discuss your resources with your friends, teachers and your parents

Take the challenge

- ✓ Use the link that will be sent to your email to begin the challenge
- ✓ Use your own devices such as a smartphone, tablet or laptop
- ✓ 90 questions & 90 minutes

Awards

- ✓ Certificates of participation and achievement
- ✓ A detailed report card
- ✓ Qualification for Owlypia Globals
- ✓ Special discounts for Owlypia Globals

Hope to see you in Cambridge and Boston!



COMPETITION OVERVIEW SUBJECTS

Owlypia Online has five main subjects. Participants are expected to select their favourite subject and focus on it. The study resources contain several films and videos to watch, alongside a range of books and articles to read. The general questions provided with each subject should be used to guide one's research.



Social Studies seek to understand the world in which we live by widening our perspective of current affairs and human nature, igniting a curiosity about real-world issues.



Art & Design encourages us to express ourselves and engage with our surroundings; a fusion of the two allows us to harness and channel our creativity to positively impact upon the world.



Literature & Culture urges you to be daring – to explore, discover and experience new and exciting worlds and peoples.



Science & Technology seeks to raise students' interest in this fascinating field whilst nurturing their mental faculties through a focus on both theoretical and applied science.



Economics & Business enables students to develop an analytical approach, helping them to understand a wide range of issues, such as why some people earn more than others, why some economies grow faster than others, and how people set up and run successful businesses.

WHAT IS owlypia?

Owlypia Online is a global competition which aims to inspire intellectual curiosity and enhance the academic success of young minds across the world.

After the Owlypia Online competitions, the qualifying students go to the Owlypia Globals, where they participate in a series of team and individual challenges.

All participating students receive a certificate of participation and report cards showing their progress in their favourite subject areas. Moreover, successful students are awarded certificates of achievement.



HOW IT WORKS

Students aged 11-18 can enrol to take part in this online competition where their performance is assessed separately in two different age groups (the 'Owlets', aged 11-14, and the 'Owlys', aged 15-18). Participants must choose their favourite subject and prepare themselves for the competition by studying the recommended resources indicated under their favourite subject area.

There are five subjects in Owlypia:

- Social Sciences**
- Art & Design**
- Literature & Culture**
- Science & Technology**
- Economics & Business**

By studying the content of their favourite subject area, each young intellectual will best be able to prepare themselves for the online competition. Please visit our website for details related to the content of each subject category.





The deadline for the next Owlypia Online Round (29 May 2021) will expire on Monday, 24 May at 4:00 PM GMT Time. In case that students miss out on this round, they will still have another chance to qualify for Globals by participating in our Owlypia Summer Round that is scheduled to take place on 27 July 2021. To register for Owlypia Online, students will need to fill out the form on our [Registration Page](#).

Please find school coupon code for our students, as you need to apply it while registering for competitions through Owlypia website. **A-ACVS** <https://www.owlypia.org/register/>


owlypia
 #INTELLECTUALS' CHALLENGE

29 May 2021

An exciting international competition held online and open for students

OWLINS | **OWLETS** | **OWLYS**
 (Ages 9-11) | (Ages 12-14) | (Ages 15-18)

The theme of the academic year 2020-2021

TEAMWORK

ACHIEVING TOGETHER


 Online
Rounds

Participants will receive

- ✓ Certificate of Participation
- ✓ Certificate of Achievement
- ✓ Report Card

15 students from each subject and age group (225 students in total) will get discounts for Global Rounds.

1 st Place 50%	2 nd Place 30%	3 rd Place 25%
4 th -8 th Place 20%	9 th -15 th Place 15%	

Choose your favourite subject

 SOCIAL SCIENCES

 ART & DESIGN

 LITERATURE & CULTURE

 SCIENCE & TECHNOLOGY

 ECONOMICS & BUSINESS

* Use your Teacher/Ambassador coupon code to get a discount
"Connect with the world through Owlypia Online Rounds"

www.owlypia.org


STATES OF MIND



GRANT SNIDER

the ACCESS LENSES

Thinking about MOODS is an excellent way to access a text.

Authors, illustrators, and performers show MOODS using the following information...

- Facial Expressions:** Two simple faces, one smiling and one frowning.
- Action and Inaction:** A character running and another sitting still.
- Colors:** A bright sun and a dark, stormy cloud.
- Close together / Far apart:** Two characters huddled together and one character standing alone.
- Distance:** A character looking at another who is far away.
- Alone:** A single character in a grey, empty space.
- Sounds or Words or Silence:** A character laughing with 'HA HA HA' and another looking silent.
- BIG things / little things:** A large character and a small character.
- Zoom in / Zoom out:** A close-up of a character's eyes and a wide landscape.
- Symbols:** A sun for 'Hope' and a mountain for 'Struggle' and 'Metaphors'.

DON'T FORGET Make strong-link connections through moods, lenses, and symbols.

©Trevor Bryan Art by Jarrett Lerner

52

Self-Care Ideas For Kids

- Throw a Football
- Spend Time With a Pet
- Blow Bubbles
- Chew Gum
- Knit or Weave
- Hang upside down
- Balance on One Leg
- Name the Feeling
- Do a Puzzle
- Run
- Shoot Baskets
- Have a Dance Party
- Finger Paint
- Do Cartwheels
- Hike
- Smell and Taste a Lemon
- Color a Picture
- Climb a Tree
- Count to Ten
- Pray
- Do Pushups
- Cry it Out
- Breathe Deeply
- Phone a Friend
- Give Thanks
- Garden
- Send a Thank You Card
- Scooter
- Bounce a Balloon 100 Times
- Do a Downward Dog Pose
- Stretch
- Smile Gently
- Journal
- Listen to Music
- Wrap Yourself in a Blanket
- Read a Book
- Jump Rope
- Toss Pebbles in a Pond
- Eat a Healthy Snack
- Play with Putty or Clay
- Blow a Feather
- Do Situps
- Count Backward from 100
- Put on Fuzzy Socks
- Paint
- Skip
- Go on a Bike Ride
- Squeeze an ice-cube
- Pop Bubblewrap
- Blow a Pinwheel
- Ask for a Hug
- Have a Cosy Drink

ITHRIVE3:20
WWW.ITHRIVE320.COM

20 REASONS WHY IT IS IMPORTANT TO LOOK AFTER YOUR MENTAL HEALTH EVERY DAY

@BELIEVEPHQ



REDUCES ANXIETY

IMPROVES MOOD



REDUCES PRESSURE



IMPROVES COPING SKILLS

YOU WILL START TO BUILD RESILIENCE



CAN IMPROVE ENGAGEMENT

REDUCES STRESS

BOOSTS SELF ESTEEM



HELPS TO IMPROVE SLEEP

HELP YOU BE MORE PRODUCTIVE



ALLOWS YOU TO RELAX



IMPROVES CONFIDENCE

IMPROVES SELF FOCUS



INCREASES YOUR AWARENESS



BOOST WELLBEING



INCREASES YOUR AWARENESS



GIVES YOU TIME TO RELAX



REDUCES BURNOUT



IMPROVE QUALITY OF LIFE



GIVES YOU TIME FOR YOURSELF



WAYS TO CONNECT WITH NATURE TO HELP YOUR MENTAL HEALTH

- Swim in the sea
- Explore somewhere new
- Listen to the birds
- Go for a walk
- Grow your own veg
- Water your plants
- Forest bathing
- Watch a nature doc
- Look out for wildlife
- Let nature inspire your creativity
- Plant wildflower seeds

@wwf_uk

How Can We Take Action in the Classroom?

@chrisgadbury

TEACH SUSTAINABLE DEVELOPMENT GOALS

www.magicstorybooks.com

NO POVERTY

WE CAN START BY LOOKING OUT FOR ONE ANOTHER. THIS MIGHT NOT SEEM LIKE A BIG DEAL, BUT THE CHARACTER TRAITS THAT WE DEVELOP NOW CAN LAST A LIFETIME

CLIMATE ACTION

SWITCH OFF THE LIGHTS WHEN YOU DON'T NEED THEM ON

BUY A GOOD QUALITY ONE THAT WILL LAST. LOOK AFTER IT PROPERLY

LIFE BELOW WATER

BRING YOUR OWN BOTTLE TO SCHOOL

LIFE ON LAND

USE PAPER WITH THIS LOGO. THE PAPER COMES FROM A RESPONSIBLE SOURCE.

ZERO HUNGER

ALWAYS FINISH YOUR FOOD. FOOD COSTS MONEY AND TAKES TIME AND ENERGY TO GROW. FINISH YOUR SNACK AND LUNCH. THEN YOU WILL BE LESS HUNGRY WHEN YOU GET HOME AND LESS FOOD WILL BE WASTED.

SUSTAINABLE CITIES & COMMUNITIES

ASK YOUR TEACHER IF THEY ARE DRINKING FAIRTRADE COFFEE. IF NOT, BUY THEM SOME.

USE LESS HANDOUTS!

USE RECYCLED PAPER

THE GLOBAL GOALS
For Sustainable Development

Can/Should my child go to school today?



If one of the students is tested positive with Covid-19, the whole class will be quarantined for 14 days. **Siblings** do need to be in isolation as well.

For all the children who are in quarantine parents should fill in the **epidemiological form**:
<https://forms.gle/Ok1DBdfa4BykX8Gq9> All the information provided will be sent to the Public Health Center.

Necessary documentation for returning to school:

Before returning to school after the quarantine period, parents should present to classroom teacher the **Declaration**

https://drive.google.com/drive/u/0/folders/1J0WBrE37gjfOOHJAXY3UR0DG_klSi7wc?q=owner:iute%40mail.ru

For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the **medical certificate** with the 3 stamps, as a confirmation that the child can attend groups of children

FORTHCOMING EVENTS

27th May, 2021

26th and 28st May, 2021

31st May, 2021

Founders' Day

Heritage International Day Presentations

International Day Class Team Building



Our mission from the founders:
To prepare students for the **CHALLENGES** of the future.
A dream of an international school that's
give the **CHILDREN** of our **COUNTRY** the atmosphere of an alternative,
progressive and modern educational institution.

HERITAGE
International School

Founders' Day

MAY 27, 2021

SHOW YOUR SPIRIT FOR YOUR SCHOOL

We honour the establishment of the school and our educational vision, values and ethos with our Founders' Essay prize and Art competition looking at the challenges of the future and the solutions. We will share this with our community as we look to future with hope.



HERITAGE
International School

International Day

Celebrate diversity
Monday 31st of May 2021

International Food Friday



Turkey

Paça çorbasi soup
Pide (Turkish bread)
Urfa Kebap
Kemalpaşa dessert
Ayrar / Tea

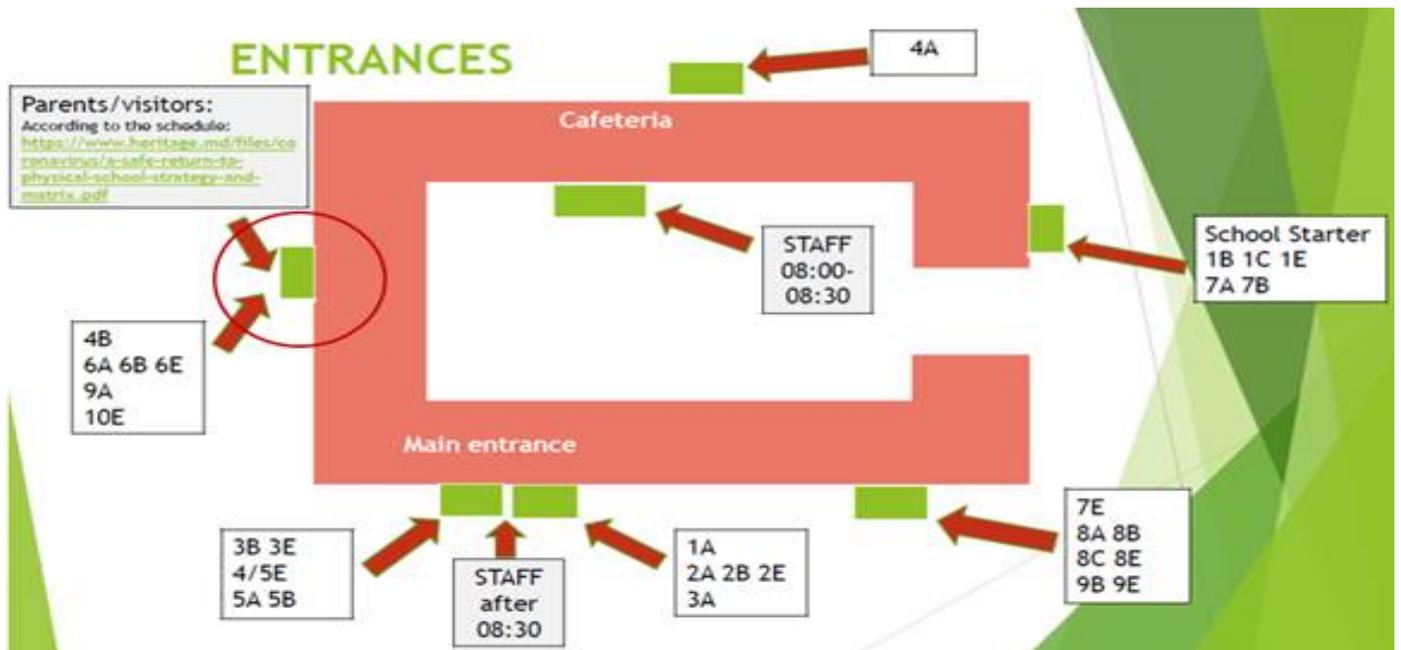
21 May, 2021



Mexico

Caldo Tlalpeño soup
Chicken Tacos
Mexican Chopped salad
Hibiscus Iced Tea

MAY 28th 2021



Protect yourself and loved ones from coronavirus.

Wash your hands regularly with **soap** and **water**.



Cover your mouth and nose while **sneezing** or **coughing**.



Avoid close contact with anyone who has a cold or flu-like symptoms.



If you have fever, cough and difficulty breathing, **seek medical care early**.



unicef | for every child

MAIN CONTACTS

Director: director@heritage.md
 Academic/Secondary School inga.chiosa@heritage.md
 Primary School: elize.morin@heritage.md
 Hybrid Learning Coordinator: tatiana.popa@heritage.md
 Buses/meals: tatiana.arnautu@heritage.md

School psychologist: olesea.pletniiov@heritage.md
 Head of English Department: liliana.pulbere@heritage.md
 ESL Cambridge Primary: larisa.mirza@heritage.md
 Absences: school.absences@heritage.md
 Governors: governorsclerk@heritage.md

Follow Heritage on social media: FB (@heritage.moldova) Webpage (www.heritage.md) Twitter (@HIS_Moldova)